

Underwritten by
United of Omaha Life Insurance Company
Mutual of Omaha Insurance Company
Mutual of Omaha Affiliates

3300 Mutual of Omaha Plaza
Omaha, NE 68175-0001
Toll Free (800) 877-5176
Fax (402) 997-1865
Email newdisabilityclaim@mutualofomaha.com

A Guide for Successfully Completing the Group Short-Term Disability Claim Form

Mutual of Omaha appreciates the opportunity to provide you with valuable income protection. We rely on the information you provide on this form to effectively determine if you qualify for group short-term disability benefits.

This guide provides information and instruction to help you successfully complete and submit the claim form. Please consult your employer/benefits administrator if you need assistance in providing information for the form.

Important Tips for Paper Copy Submission

- Prior to submission, make sure you have provided all required information and answered all questions completely and accurately. If information is missing or cannot be read, the processing of your form will be delayed.
- The following guidelines provide valuable information to help you successfully complete the form.
- · Please make a copy of the completed form for your records before submitting it to Mutual of Omaha/United of Omaha.

Required Fraud Warnings

Before completing the claim form, please read the Required Fraud Warnings listed on the following page.

Guidelines for Section 1: Employee Statement

This section is to be completed by the Employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you.

- Group ID Number for your Employer will consist of eight characters, beginning with "G000" and followed by four additional letters or numbers specific to your Employer.
- Job Title is the title of your position held with the Employer.
- The Hours Worked per Week is the number of hours you worked per week for the Employer.
- Height should be provided in feet and inches.
- Weight should be provided in pounds.
- Dominant Hand indicates whether you are primarily right- or left-handed.
- Date of Disability is the first day you were absent from work because of the disabling condition.
- Date First Treated is the date you first sought medical care because of the disabling condition.
- Other Income means money you are currently receiving or have applied to receive from any source in addition to your claim for disability benefits with Mutual of Omaha/United of Omaha.
- Medical records from your providers may be needed in order to make a determination on your claim. A completed authorization form will be
 needed to obtain them. To avoid any additional delays in the claim, please be sure to complete and submit the authorization forms with your
 claim application.

Authorization to Disclose Personal Information & Authorization to Disclose Health Information to My Employer

Both authorizations are to be completed by the Employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you or your legal representative.

- By signing the authorization, you are applying for short-term disability benefits with Mutual of Omaha/United of Omaha and are agreeing to allow disclosure of personal information to the necessary parties for the purpose of claim processing.
- If the name associated with any of your medical records differs from the name provided on the form, provide any alternate names. This might occur in the event of a name change due to marriage or adoption.

Guidelines for Section 2: Employer's Statement

This section is to be completed by the Employer. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Employer.

- Group ID Number consists of eight characters, beginning with "G000" and followed by four additional letters or numbers.
- Date Covered Under This Plan indicates the date in which the Employee's coverage became effective.
- Please include copy of Employee's enrollment form, if applicable.

Guidelines for Section 3: Attending Physician's Statement

This section is to be completed by the Attending Physician. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Attending Physician.

Fraud Warnings

Required Fraud Warnings (State specific warnings apply to the resident of such state)

Fraud Warning: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Alabama: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or who knowingly presents false information in an application for insurance is guilty of a crime and may be subject to restitution fines or confinement in prison, or any combination thereof.

Arkansas/Kentucky/Louisiana/Maine/New Mexico/ Ohio/Tennessee: Any person who, with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

California: For your protection, California law requires the following to appear on this form. Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

District of Columbia: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

Kansas: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties as determined by a court of law.

Maryland: Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

New York: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

Oregon: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which may be a crime and may subject such person to criminal and civil penalties.

Puerto Rico: Any person who furnishes information verbally or in writing, or offers any testimony on improper or illegal actions which, due to their nature constitute fraudulent acts in the insurance business, knowing that the facts are false shall incur a felony and, upon conviction, shall be punished by a fine of not less than five thousand (5,000) dollars, nor more than ten thousand (10,000) dollars for each violation or by imprisonment for a fixed term of three (3) years, or both penalties. Should aggravating circumstances be present, the fixed penalty thus established may be increased to a maximum of five (5) years; if extenuating circumstances are present, it may be reduced to a minimum of two (2) years.

Rhode Island: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information on an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Vermont: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claims containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto may be committing a fraudulent insurance act, which may be a crime and may subject such person to criminal and civil penalties.

Virgin Islands: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal penalties.

Virginia: Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.

Short-Term Disability Claim Form

Section 1 - Employee Statement (Answer all questions to avoid delay)

Employee Name	mployee City			
	nployee City			
Employee Address En			Employee State	Employee ZIP
Employee (Area Code) Home Telephone Number Employee (Area Code	e) Cellular Telephoi	ne Number	Employee Social Secur	rity Number
Employee Email Address				
Employee Date of Birth Height Weight Domin	nant Hand: ght 🚨 Left	☐ Male☐ Female	☐ Single ☐ Married	☐ Widowed ☐ Divorced
First date you were first unable to work? Date First Treate	d	Estima	ted Return to Work Date	2
Nature of illness and when symptoms first appeared, or describe how and wl	here accident occu	ırred.		
Was the disability work related? ☐ Yes ☐ No			ensation claim? 🛭 Yes	□No
Was disability related to a motor vehicle accident or is another third party lia	able? 🗖 Yes 🗖 1	Vo		
Physician's Name	Physician's Sp	pecialty	Telephone (Fax ())
Physician's Address			Date(s) you were s From	een by this physicianTo
Physician's Name	Physician's Sp	pecialty	Telephone (Fax ())
Physician's Address			Date(s) you were s	seen by this physician
Physician's Name	Physician's Sp	pecialty	Telephone ()
Physician's Address			Date(s) you were s	seen by this physician
Name of Hospital	Department o	of Treatment	Telephone (Fax ()	To
Hospital's Address			Date(s) you were t From	reated at the hospital To
Source of Income (Check all benefits you are receiving or are eligible to recei ☐ Social Security Retirement ☐ State Disability ☐ Pension Retirement ☐ Canadian Pension Plan ☐ Pension Disability ☐ Workers' Compensation ☐ Short-Term Disability	☐ Unemploy☐ No-Fault I	nsurance	☐ State Paid Family or Group benefits)	or Paid Medical Leave
*Medical records from your providers may be needed in order to make a determination obtain them. To avoid any additional delays in the claim, please be sure to compare the compared to the co				
Information For Tax Withholding If your request for benefits is approved, should Mutual of Omaha/United of If Yes, how much should be withheld from each check (the minimum is \$20) Overpayment Notice: Should you become overpaid at any time during the do of Omaha Life Insurance Company (United), will request reimbursement of t any Federal Income Tax paid on your behalf for any time prior to current tax yoverpaid Medicare and/or Social Security Tax that was paid on your behalf a or Social Security Tax with any Form W-2C that is furnished to you based on	31 per week). \$uration of this clain the overpaid amous year. Your signaturend certifies you wi	.00 m we, Mutual of nt. This amount re on the claim fo Il not attempt to) Omaha Insurance Comp is equal to the net benefi orm authorizes Mutual o	any (Mutual) or United it you received and r United to recover any
Signature (Required for all claims.) Any person who knowingly and with intent to injure, defraud or deceive any incomplete, or misleading information is guilty of a felony of the third degree. The above statements are true and complete to the best of my knowledge and the statements are true and complete to the best of my knowledge and the statements are true and complete to the best of my knowledge and the statements are true and complete to the best of my knowledge and the statements are true and complete to the best of my knowledge and the statement and the sta	insurer files a state		r an application containir	ng any false,
XSignature of Employee		Dat	e	



Authorization to Release Personal Information

Type of Legal Representative _____

1.	clinic, or medical facility, insurer, reinsurer, insurer reporting agency, or insurance policy or benefit	edical or dental practitioner, pharmacist, other he rance services support organization, employer, g plan administrator to release records containing	overnment agency, consumer
	Name of Claimant(Last)	(First)	(Middle)
	Date of Birth	Social Security Number	• •
	This medical or health information may include	information on the diagnosis and treatment of the diagnosis, treatment, and testing results rel	mental illness, alcohol, and
2.	reports, records, charts, notes (excluding property) condition I may now have or have had; any information regarding insurance or being any information, data or records regarding	ory, treatment, prescriptions, consultations (incluosychotherapy notes), X-rays, films or correspondantial plan coverage, claims or benefits; and/or my activities (including records relating to my Solal information, earnings and employment history)	dence, and any medical ocial Security, Workers'
3.	You may release my Personal Information to: Group Disability Management Services Mutual of Omaha Insurance Company/Unite 3300 Mutual of Omaha Plaza Omaha, NE 68175-0001	ed of Omaha Life Insurance Company	
	or Fax: 402-997-1865 or Email: newdisa	abilityclaim@mutualofomaha.com	
	 my Personal Information as follows: to its reinsurer, or other persons or organize with my claim(s); or to a vendor specializing in the application of to vendors/consultants providing me with benefit plan; or for self-insured disability plans only, to my for fully insured plans to my employer for the restrictions and limitations, in order to facile as otherwise required or permitted by law 	ation, my claim for benefits may not be paid. I all zations performing business, legal or insurance sufor Social Security Disability Benefits; or wellness, disability or leave related services as paremployer; or use in discussions with Mutual regarding my function or as I further authorize	so authorize Mutual to release upport services in connection art of an employer sponsored ctional capacity, and any related
5.	I understand my Personal Information may be su federal or state law.	ubject to re-disclosure by the recipient and may n	o longer be protected by
6.		n at any time by providing a written request to M se or disclosure of Personal Information that occu eived, this Authorization will remain valid until 24	urred prior to Mutual's receipt
7.	I understand that I am entitled to receive a copy	of this Authorization and that a copy is as valid a	s the original.
	RETAIN A	SIGNED COPY FOR YOUR RECORDS	
Na	ame(s) used for records (if different than the name		
_	nature of Claimant	Date	
	Applicable: I am the legal representative of the inted Name of Legal Representative		
Sic	enature of Legal Representative		



Authorization to Disclose Health Information to My Employer

I authorize Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company to disclose health information about me to my employer, and to my employer's broker. I understand that this information will be used by my employer, and its broker, to monitor and manage the disability benefits program provided under my Group disability policy. I also understand that my employer and its broker will use the information solely for the purposes of auditing disability benefits paid, providing claims assistance, determining waiver or discontinuance of premium deductions, and coordinating with other subsidized salary continuance plans my employer may offer.

The health information which may be disclosed pursuant to this authorization includes such items as medical history, mental and physical condition, prescription drug records and alcohol or drug use.

I understand that I may refuse to sign this authorization.

This authorization will remain in effect for 24 contiguous months from the date I sign it. I understand that I may revoke this authorization at any time. If I would like to revoke this authorization, I should send my revocation request to:

ATTN: Group Disability Management Services

Mutual of Omaha Insurance Company/United of Omaha Life Insurance Company

3300 Mutual of Omaha Plaza

Omaha, NE 68175-0001

Or Fax 402-997-1865

Or

Email newdisabilityclaim@mutualofomaha.com

I also understand that any revocation of this authorization will not affect any use or disclosure of health information that occurred prior to receipt of my revocation.

I understand that I am entitled to receive a copy of this authorization. A copy of this authorization is as effective as the original.

(Printed Name and Address)	
Signature	Date
	Or
If Applicable: I am the legal representative of the person wh authorized to grant permission on behalf of that person.	nose financial and health information is to be disclosed, but I am
Printed Name of Legal Representative	
Signature of Legal Representative	
Type of Legal Representative	
Date	

RETAIN A SIGNED COPY FOR YOUR RECORDS



Electronic Funds Transfer (EFT) Authorization

Direct Deposit of Disability Benefit Payments

I understand that by completing this form, I am authorizing United of Omaha Life Insurance Company to directly deposit into my bank account via Electronic Funds Transfer (EFT) payment(s) due to me under a contract issued by United of Omaha to my financial institution with the information provided below, for credit to my account. Furthermore, I authorize and direct the bank to charge said account or the account of my estate for any payment made in error as determined by United of Omaha and to refund any such payment made subsequent to my death or made in error and to refund any such payment to United of Omaha upon its written request to the bank.

I further understand and agree that it is my responsibility to ensure that all bank information reported on this form is accurate and correct for the appropriate deposit of my payment(s) and that United of Omaha can rely on this information and will have no obligation to ensure the correctness of the information. Completion of this form is not a guarantee that benefits will be paid.

I further understand and agree that any payment(s) made into an incorrect bank account pursuant to the information reported on this form, will be forfeited by me and that United of Omaha has no obligation to retrieve those funds or make replacement payment(s) to me.

I further understand and agree for myself, my heirs, executors and estate to indemnify and hold United of Omaha harmless from any and all loss or damage of any nature whatsoever, including costs or attorney's fees incurred by reason of said bank acting pursuant to this Authorization.

I further understand and agree that United of Omaha is not responsible for any bank charges or other costs associated with or arising out of this agreement.

I further understand that if my bank is not able to accept EFTs, checks will be mailed to my residence.

I reserve the right to revoke and cancel this authorization. Such revocation and cancellation shall be effective within 5 business days following United of Omaha's receipt of the notice.

Payee Information	Bank Information
Full Name	Bank Name
Address	Address
Address	Address
City	City
State and ZIP Code	State and ZIP Code
Telephone Number ()	Telephone Number ()
Social Security Number	Account Number
Policy Number	Bank ABA Routing/Transit Number
Claim Number	☐ Checking ☐ Savings (Check only one)
Payee Number (for office use only)	Approved By/Date (for office use only)

Contact Information

Please attach EITHER a voided check for checking OR a deposit slip for savings and return with this form to:

United of Omaha Life Insurance Company HO8W-GDMS
3316 Farnam Street
Omaha, NE 68172-7420

Should you have any questions regarding EFT, please feel free to contact our customer service representatives toll free at **800-877-5176** (Monday-Thursday between the hours of 7 a.m. and 5:30 p.m. and Friday between 7 a.m. and 5 p.m. CST).



Section 2 - Employer's Statement (Answer all questions to avoid delay)

Company Name		Group	ID Number			
Class No. or Description	Division/Loca	Division/Location No. or Description				
Address	City	State	ZIP			
Email Address						
Employee's Name		Employee's Phone N	Number			
Employee Address	Employee City	Employee State	Employee ZIP			
Gross Weekly Earnings (Please note: Benefits will be calculated based on pren	Employee Date of Birth	Employee Social Secu	urity Number			
Salary Effective Date The employee is eligible for: Long-Term Disability						
For Tax Choice Plans: Is the value of the employer paid premium included in (We will assume it is a taxable benefit unless otherwis		ıble benefit? ☐ Yes ☐ No				
For Non-Tax Choice Plans: Does the Employee contribute toward the premium? If Yes, what percent is paid by the Employee?		Gross up				
Information about pay (please complete): Employee's payroll classification: ☐ Exempt ☐ Nor How was the Employee paid?		ion 🗖 Non-Union 🗖 Other				
Is the Employee continuing to receive compensation o						
Is Employee eligible for Vacation/PTO? Yes N						
Weekly amount? Date benefi Is Employee eligible for Salary Continuation? ☐ Yes						
Weekly amount? Date benefi Is Employee eligible for Sick Leave? ☐ Yes ☐ No If						
Weekly amount? Date benefi						
Is Employee eligible for: Paid Family Leave Paid						
Weekly amount? Date benefi						
Date of Hire						
Has workers' compensation claim been filed?	□No					
If Yes, date the coverage was effective and name of pr	ior carrier. Effective date	Name				
Important Notice: For Employees age 60 or over, refer If the employee is no longer working the minimum hou ☐ Termination ☐ Layoff ☐ Personal Leave of Abser	urs required under the policy, indicate why:					

Please co	ntact Employee's direc	t supervisor and then che	ck the strength dem	and belov	w which best describes the E	mployee's j	ob:
Charle	S - Sedentary L - Light	10 lbs. Maximum lifting, 20 lbs. Maximum lifting	occasional lift/carry with frequent lift/ca	of small arry up to	articles. Some occasional w 10 lbs. A job is light if less li v sitting but requires push/p 25 lbs. o 50 lbs. bs.	ralking or sta fting is invo	anding may be required. Ived but
One \	☐ M - Medium	50 lbs. Maximum lifting	aing is done or it doi with frequent lift/ca	ne mostry arry up to	7 Sitting but requires push/pi 25 lbs.	uli on arm o	rieg controis.
One	☐ H - Heavy	100 lbs. Maximum lifting	g with frequent lift/c	carry up t	o 50 lbs.		
,	○ V - Very Heavy	Over 100 lbs. Lifting wit	n frequent lift/carry	over 50 l	bs.		
Employee	s's Job Title (Attach job	description)			Last Day at W	'ork	First Work Day Missed
Was the	employee furloughed c	r laid off within the past 12	2 months?		If Yes , please provide the da Working and the date they		
Dates Em	ployee was not Active	ly Working	Date Employ	ee return	ed to Active Work		
Were pre	miums paid during the	furlough or lay off? \square Y	es 🗖 No				
Has the E	mployee returned to w	ork? 🗖 Yes 🔲 No					
a) If Yes,	when?		b) If No, what is th	e estimat	ed return to work date?		
		e doctor to return to work ese accommodations to he				ations, or a	combination of both, would your
Print Nam	ne	Signature	of Person Completi	ng Claim	Form	Title of Pe	rson Completing Claim Form
Date Sign	ed (Area	a Code) Phone Number	(Area Code) Fax N	Number	Email Address		

Please notify us if the Employee returns to work after the submission of this form.



Section 3 - Attending Physician's Statement (Answer all questions to avoid delay)

3300 Mutual of Omaha Plaza, Omaha, NE 68175-0001 | Fax: (402) 997-1865 **Employer Name** Group ID Number Name of Patient (Last, First, MI) - Please Print Date of Birth Employee's Phone Number Employee Address **Employee City** Employee State Employee ZIP Diagnoses ICD-10 Code(s) Symptoms Date symptom first appeared Initial date of treatment Last date of treatment Next date of treatment/office visit Is disability due to: ☐ Accident/Injury ☐ Sickness Is the disability work related? \square Yes \square No If applicable, list the surgical code(s)/procedure(s) - Describe fully and provide dates, if any. If disability is due to Pregnancy, please provide the information below: Date of Last Monthly Period **Expected Date of Delivery** Expected Type of Delivery: ☐ Vaginal ☐ Cesarean Section Actual Date of Delivery Actual Type of Delivery: ☐ Vaginal ☐ Cesarean Section If any of the following questions are answered "Yes," then please provide the information to the right of that question. Was the patient treated in an Date treated Name of Hospital Name of Physician Emergency Room? Yes No Did another physician treat or will be Date treated Physician's Name and Address treating the patient? Yes Was the patient hospital confined? Date Confined In Hospital: Name of Hospital ☐ Yes ☐ No From To Did patient have outpatient surgery in a hospital Name of Facility Date of Surgery or ambulatory surgical center?

Yes **Functional Limitations - Abilities** Indicate frequency per day the listed activity can be performed. Indicate longest single time duration each activity can be performed. (n = never, o = occasional, f = frequent, c = constant) Lifting ____ R: Finger Dexterity Carrying ___ Sitting __ Kneeling 1-5 lbs. ___ Total time on feet 1-5 lbs. _____L: Finger Dexterity ___ 6-10 lbs. ___ 6-10 lbs. __ Standing _Inside R: Below Shoulder ___11-25 lbs. ___ 11-25 lbs. ___ L: Below Shoulder __ Walking Reaching ___ 26-50 lbs. ____ 26-50 lbs. _____ R: Above Shoulders _ Bending _Outside 51-100 lbs. 51-100 lbs. L: Above Shoulders _Squatting Working with Others _Over 100 lbs. Over 100 lbs. Other (explain)_ Stooping

Please notify us if the Employee returns to work after the submission of this form.

Mental Limitations - Abilities

Plassa chack off tha	annronriate recr	once of the ner	rean's ahility t	to adant to these	enacific i	ob situations at this time.
lease check on the	appropriate resp	יטוושב טו נווב שבו	i soii s abiiity t	to adapt to these	Specific I	ob situations at tins time.

Follow work rules				
Perform at a constant pace			_ _	
Maintain attention and concentration				
Perform a variety of duties			_	
Understand, remember and carry out complex job instructions				
Attain set limits and standards		_		
		u		
Relate to coworkers	_			
Interact with supervisors				
Interact with the public/customers. $\ \square$				
Use judgment and make decisions				
Direct, control or plan activities of others				
Influence people in their opinions, attitudes and judgments \Box				
Expressing personal feelings				
Work alone or apart in physical isolation from others				
When do you expect the patient to return to prior leveling functioning?				
Would you recommend vocational rehabilitation for this patient?	s 🗖 No			
The patient has been continuously disabled (unable to work) from		to	·	
The patient should be able to work: ☐ Full-time ☐ Part-time on 1 month ☐ 1-3 months ☐ 3-6 months ☐ Other (please speci		or a sp	ecific date is unava	ailable, in:
What is your treatment plan for the patient's return to work or return to	prior level function	1?		
Name of the Attending Physician – Please Print		Specialty/Deg	gree(s)	Tax Identification Number
Address (No., Street, City, State ZIP)		(Area Code) T	elephone Number	(Area Code) Fax Number
If necessary, whom can we contact at the attending physician's office for	additional inform	ation?		
Name		(Area Code) T	elephone Number	
Signature of Attending Physician				Date